



Dentist. Doctor
Dietitian. Optometrist
Physical Therapist

Meet a....

- [Physician](#)
- [Optometrist](#)
- [Dentist](#)
- [Dietitian & Nutritionist](#)

Professional resources

- [What does a dentist do?](#)
- [What does a nutritionist do?](#)
- [What does a doctor do?](#)
- [What does an optometrist do?](#)

Response Sheet

- [Doctor](#)

Medical Doctor / Physician Extension Activities

[Handwashing](#)

[Helping to Fight the Spread of Preventable Illnesses](#)

[Introducing the Micro-Explorers](#) - Prepare yourself for an expedition into the messy, microscopic world of bacteria and germs

[PPE explained for children](#)

[Germs Be Gone! Promote healthy habits](#)

Dentist Extension Activities

[Brushing your teeth in space](#)

Dietitian / Nutritionist Extension Activities

[Eating in space](#) - STEMonstraton, Astronaut nutrition

Optometrist / Eye Doctor Extension Activities

Movement Extension Activities

[Exercising in Space](#) - STEMonstraton, what happens to bones and muscles in space



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Literature List

Health Care Workers

- Doctors, Dentists, and Other Health Workers - Lola M. Schaefer
- Who Are the Health Workers? - Jennifer Boothroyd
- People Who Help Us: Health Workers - Amanda Askew
- Future Plans for kids: Healthcare Careers Paperback – Stephanie Audrey

Medical Doctor / Physician

- Doctors Help - Dee Ready (First Step Nonfiction)
- The Berenstain Bears Go to the Doctor - Stan & Jan Berenstain
- Going to the Doctor - Anne Civardi (Usborne First Experiences)
- I Want to Be a Doctor - Laura Driscoll (I Can Read! Level 1)
- A Day in the Life of a Doctor - Heather Adamson

Dentist

- Going to the Dentist - Anne Civardi
- The Berenstain Bears Visit the Dentist - Stan & Jan Berenstain
- Dentists Help Us - Dee Ready
- A Day in the Life of a Dentist - Heather Adamson
- Brushing Well - Helen Frost

Dietitian / Nutritionist

- Why Should I Eat Well? - Claire Llewellyn
- Eating the Alphabet - Lois Ehlert
- Good Enough to Eat: A Kid's Guide to Food and Nutrition - Lizzy Rockwell
- What Does a Nutritionist Do? - Felicia Lowenstein Niven
- MyPlate and You - Gillia M. Olson

Optometrist / Eye Doctor

- How Do You See the World? - Nouredine Melikechi
- Douglas, You Need Glasses! - Ged Adamson
- Arlo Needs Glasses - Barney Saltzberg
- Going to the Eye Doctor - Stacy Taus-Bolstad
- I Can See Just Fine - Eric Barclay
- Eye Doctors Help Us - Ann Marie Kishel